Y Ngaanyatjarra Pitjantjatjara Yankunytjatjara Women's Council Aboriginal Corporation

CONTRACTS

NGAANYATJARRA PITJANTJATJARA YANKUNYTJATJARA (NPY) WOMEN'S COUNCIL

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Cover photos Anne Wells — Pakatja

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GREETINGS FROM THE CHAIRPERSON

Hello from Yanyi Bandicha, Chairperson of NPY Women's Council. 2016 was very busy for everyone across the NPY Lands. There was a great walk in Amata with young men and elders. They climbed a mountain and walked for days thinking about *Tjukurpa* and sharing stories. All the community got involved and there was a great big celebration. It was very positive.

Young people all over the Lands are being supported by their elders, to learn and be strong *Anangu*.

There were great things happening through the Youth Program at NPY Women's Council, and lots of activities running throughout all the school holidays.

The Uti Kulintjaku project (through the Ngangka<u>r</u>i Team) released a great colouring book that helps people to clear their minds and be healthy. Young people are enjoying this.

There are more and more opportunities for training and employment for young people, and we thank those who continue to work towards this.

2017 was even busier, with young people's law and culture teaching camps. This is a great way for young people and elders to share knowledge.

Bangarra Dance Company also came again to communities to teach dance workshops with young people and there were lots of other great programs happening during school holidays.



Yanyi Bandicha Chairparson

Palya, Yanyi Bandicha

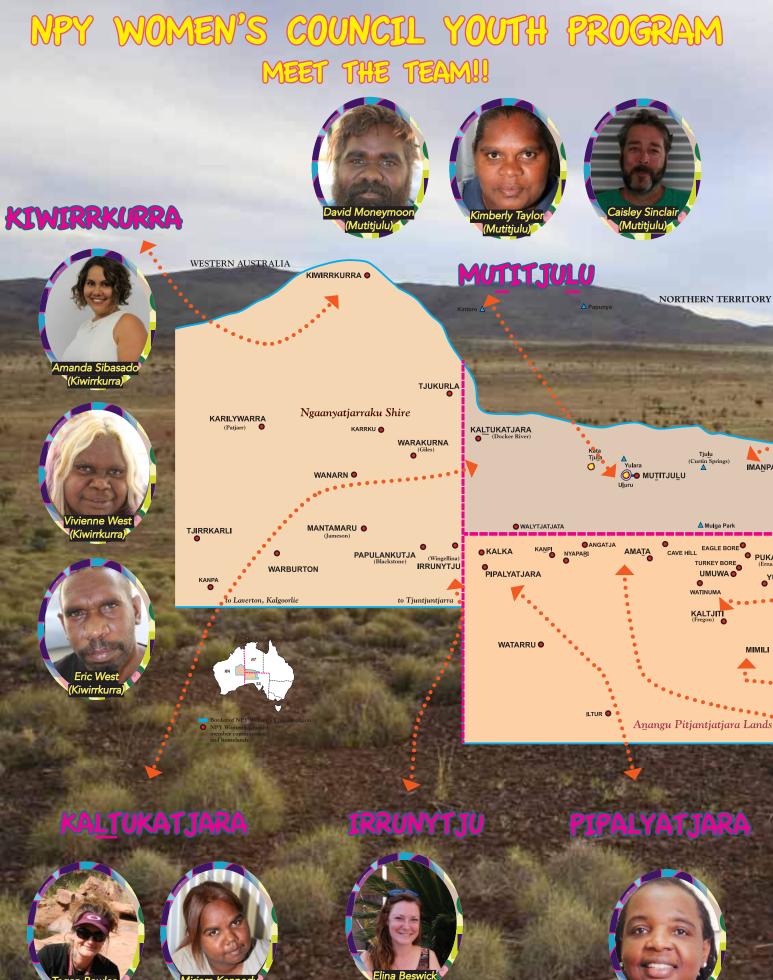
CREETINGS FROM THE CHIEF EXECUTIVE OFFICER

Hi from Andrea Mason, Chief Executive Officer of NPY Women's Council. I want to take this opportunity to encourage you, as a young person, to seek opportunities to become the best you can be. Look for ways to keep safe, learn new things, engage in your community and family, and see the possibilities that are waiting for you in your future. The possibilities are only limited by your imagination.

There have been many positive stories from the Youth Program these past two years and we anticipate even greater stories next year with additional funding to support young people's law and culture teaching camps, as well as some other great programs that are in the pipe-line, so watch this space!

Palya, Andrea Mason.





Ellen Maguta (Pipalyatjara)

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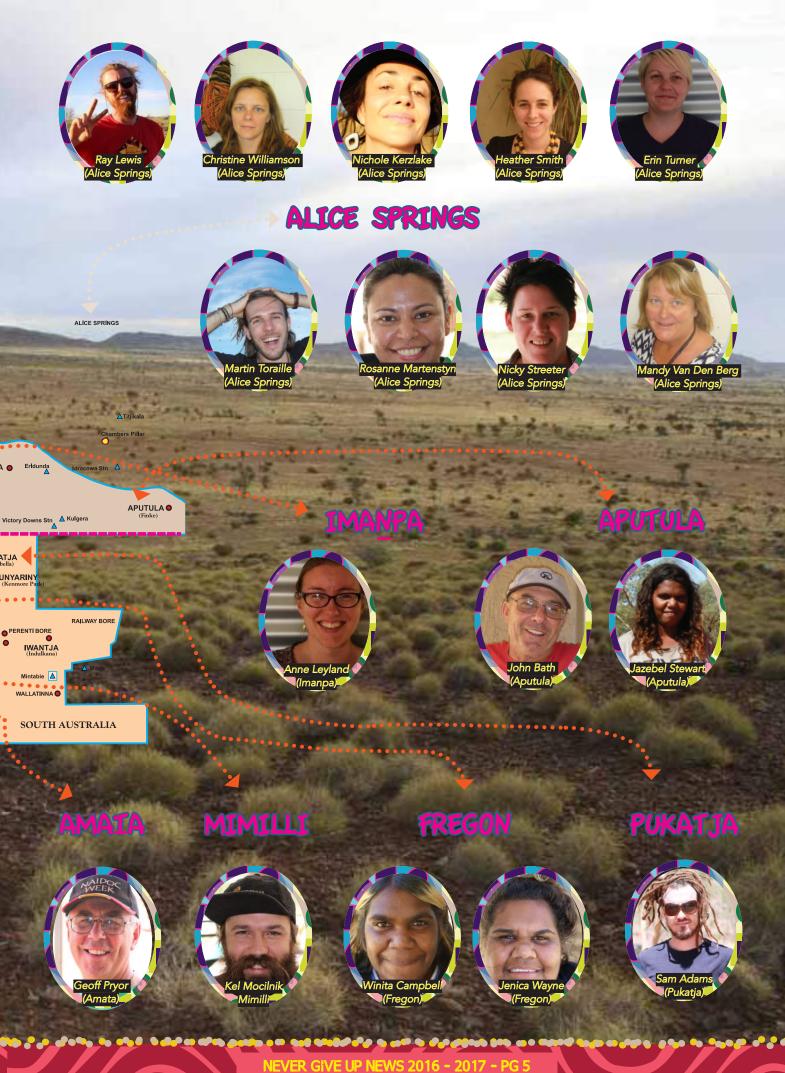
(Irrunytju)

an Rowle

Kaltukatjara)

riam Kenne

(Kaltukatjara)



NPY WOMEN'S COUNCIL YOUTH PROGRAM

2016 and 2017 were exciting years for the NPY Women's Council Youth Program. We are proud to work in communities across the tristate region, supporting young people aged 10 – 25 years and their families.

In the past two years we employed fifteen Youth Workers and nineteen A<u>n</u>angu and Yarnangu Youth Workers in eleven communities; twelve Project Workers and support staff based in Alice Springs, over 60 casual and contract workers for school holidays and special projects.

Thanks everyone for making 2016 and 2017 super-fantastic years!

The Youth Program is here to help in lots of ways...

CASEWORK AND SUPPORT: ATUNYMARA KANYILPAI

- Help for young people who are having trouble with grog, sniffing or ganja, mental health (feeling sad, angry or thinking about suicide), violence and other problems.
- We run educational workshops and camps, to teach young people about healthy living and what to do if they get into trouble.

RECREATION AND DIVERSION: PUKULTU INKAPAI

- We run programs after school, on weekends and during holidays that help young people to have fun, keep active and feel good. We also help with festivals, carnivals and special events for young people in your communities.
- We organise for young people to go out bush with senior men and women for hunting, collecting bush medicine and learning about land, law and culture.

EDUCATION AND LEADERSHIP: KANYI<u>R</u>A NINTIRINGAMA

- We help young people if they are interested in going away to boarding school, doing a course or finding a job.
- We promote development opportunities for the next generation of leaders.

ADVOCACY AND COLLABORATION: TJUNGUNGKU ATUNYTJU KANYILPAI

- We work with remote communities and with other organisations to make sure young people are getting the services, support and programs they need.
- We speak up to government and decisionmakers about what's difficult and what's working for young people in our communities.

For more information, help or support for young people, please contact us. Ph: (08) 8958 2345 W: www.npywc.org.au/youth F: www.facebook.com/ NPYWCYouthProgram/

NPY Women's Council acknowledges the support of the Department of Prime Minister and Cabinet, and the South Australian Department for Communities and Social Inclusion for their support of the Youth Program in 2016/17.



WARKA PULKA - PROPER HELP FOR ANANGU

Tjanpi Desert Weavers Ph: 8958 2336 Employment for artists who weave with grass



Youth Program Ph: 8958 2345 Support for young people aged 10–25 years

Domestic and Family Violence Service Ph: 1800 180 840 (free call) Support for women and children who suffer family violence and sexual assault





Ngangkari Program Ph: 8958 2355 Traditional health workers providing healing for Anangu

Tjungu Team Ph: 8958 2360 Support for the elderly and people with disabilities Child and Family Well-being Service Ph: 8958 2366 Support for kids under 12, skinny kids and their mothers

IF YOU NEED HELP, GO AND TALK TO THESE WORKERS IN COMMUNITY:

Nurse at the clinic Night Patrol Social Worker or Youth Worker Teacher or Pastor Talk to NPY Women's Council workers about the best place for you to go for help

REATMENT AND SUPPORT SERVICES IN ALICE SPRINGS

Bush Mob ...8953 3798 Headspace ...8958 4544 Alice Springs Youth Accommodation Service (ASYASS): ... 8953 4200 Central Australian Youth Link Up Service (CAYLUS)...8951 4236 Drug and Alcohol Services Association (DASA)...8952 8412 Aboriginal Alcohol Program Unit (CAAAPU)...8955 4600 Alice Springs Police...131 444 Emergency...000

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CASE MANAGEMENT - PROPER HELP FOR YOUNG PEOPLE

NPY Women's Council wants all young people to feel happy, healthy, safe and strong!

The NPY Women's Council Youth Program supports young people through what we call "CASE MANAGEMENT."

Case management is when a Youth Worker sits together with a young person (and sometimes their family), and makes a plan to help with problems, worries or other things like schooling

SOME THINGS A YOUNG PERSON MIGHT WANT HELP WITH ARE:

- Ganja, grog, smoking or sniffing
- Kunkgaku health
- Fellas' health
- Mental health
- Domestic and family violence (DV and sexual assault)
- Child protection (welfare mob)
- Court, police or juvenile justice
- Centrelink
- Doing a course or training
- Getting a job
- Going to school in your community
- Going to boarding school
- Bullying and cyber bullying (trouble on Facebook)
- Support with accessing services in Alice Springs or other communities
- Anything a young person wants help with

IF YOU ARE A YOUNG PERSON WHO IS 10 TO 25 YEARS OLD AND YOU WANT HELP, YOU CAN TALK TO A YOUTH WORKER.

If you know a young person that might want help with anything, please talk to the Youth Worker in your community. If you would like to call a Youth Worker, please look in the front of this magazine for the phone numbers in your community and in Alice Springs.

IF NPY WOMEN'S COUNCIL CAN'T HELP YOU, WE CAN HELP YOU TALK TO THE RIGHT PEOPLE OR SERVICES.

CASE MANAGEMENT

ASKING

Tjapini Someone asks the NPYWC youth team to support a young person - examples of things young people might need help with include school, health, relationships, welfare, court, drugs and alcohol, fighting.

DOING

Direct service delivery and co-ordination Tjungungku palyaringanyi The youth worker/s support the young person and their family to take steps towards their goals. We do this in lots of ways. Our youth workers will explain the kind of help we provide when we start working with a young person and their family.

REFERRAL

Ngurila anangu kutjupa alpamilantjaku IF NPYWC youth team can't work with a young person, we'll try to find another service who can.

TALKING

Assessment, planning, monitoring and review Nyinara tjungungku wangkanyi The youth worker/s meet with the young person and their family to

learn what the young person wants and needs - their goals. We then plan what steps everyone can take to help them reach their goals.

PALYO!

Exit planning, case plan closure and follow up Wirunya! Anangu kunpu ngara When everyone agrees that the young person has reached their goals, NPYWC and the family can decide to stop working together - but you can always

ask for help again in the future!

If you would like help for a young person, speak to a youth worker in your community or call NPY Women's Council in Alice Springs on

(08) 8958 2345 and ask to speak to someone in the Youth Team'





KIWIRRKURRA FASHION SHOW

In December 2016, young people in Kiwirrkurra put on the first ever fashion show – showcasing the latest styles and designs in clothes, hair and makeup. It was *rikina*!

The project would not have been such a success without the many people and businesses from all around Australia who donated large amounts of formal wear, make up, shoes, handbags and jewellery. Young people got to practice their moves and poses during fashion shoots held around the community before the show. This gave everyone a chance to get more comfortable and confident as well as learn new make-up and hair styles.

Everyone then worked together to make the stage. It took two days to build from wood and scraps collected around the community. When it was finished it looked like a professional runway - proof that anything is possible with some hard work and creativity!

As the big night approached, the Youth Workers were very busy getting over 30 models ready. The men were getting prepared at the Youth Office and the women took over the Women's Centre, turning the quiet craft space in to a change room exploding with colour and excitement.

Finally, the moment came... the models walked over to the stage to find the whole community waiting for the show to begin! The models did an amazing job showing off their gowns and suits, posing at the end of the runway and even dancing! The crowd didn't stop cheering with pride.

The following day was almost as amazing as the show; the whole community buzzed talking about how proud they were of the young people and their efforts the previous night!

Well done all you *rikina* Kiwirrkurra mob – what a great show!

Australian C





Jerry, Jamielee, Rambo, John-John and Jaziel

Astin





Music NT's Sista Sounds music program is an initiative to encourage and mentor Indigenous female musicians and songwriters. The program has been going since 2011 and hundreds of Indigenous women and girls across the NT have done workshops in songwriting, singing, composition, music production and learning different instruments.

In 2016 NPY Women's Council Youth Program supported Sista Sounds workshops in Kiwirrkurra, Pipalyatjara / Kalka and Pukatja communities.

When in Kiwirrkurra, the *kungka* had a great time learning new ways to make rhythms and trying out different instruments. As everyone started to feel more confident, it was time to learn how to read music and start making ideas for a song. All the *kungka* got together, made up the words, melody and a beat to make their song "Kiwirrkurra Girls." They then learned about music production, recording their song and editing it to make it sound *rikina*!

Minyma from Kiwirrkurra heard about all this good music business and became interested in recording their songs too! This gave the younger *kungka* a chance to practice their new recording skills. Women young and old worked together and came up with some *wiru* songs. The *kungka* song is a hit at the Kiwirrkurra disco and will hopefully hit the airwaves soon!

Sonja West singing on a track

Edi Donald teaching Janine West keyboards



The Irrunytju Band has been working really hard to become the best band they can be. They are often found in the NG Media studios, creating new songs, learning covers and playing whenever they get the chance. This has paid off for the band members who are:

Chris Reid: Singer Matthew Lewis: Bass Nanta Brown: Guitar Danny Fox and Lemih Thompson: Keyboard Laurence Lewis: Drums

In 2016 they competed in Battle of the Bands at the Irrunytju Festival against bands from all over the Ngaanyatjarra Lands and won!!

The fellas then worked with NG Media, applying to enter the Bush Bands Bash in Alice Springs and they were accepted! NPY Women's Council holiday workers then further supported the band in preparation for their big performance, working on their music and developing confidence in performance skills.

As part of the Bush Bands Bash, they attended training and skills development workshops. Then they performed to a huge crowd at the concert.

Bush Bands Bash was a huge success, with everyone in the crowd going wild for the Irrunytju Band! Well done fellas!



Irrunytju Band posing for the camera Chris Reid and Matthew Lewis

Irranytja Band

Lemih Thompson

ATTN: AND

BANGARRA DANCE WORKSHOPS IN KALTUKATJARA, PUKATJA AND UMUWA

In April 2017, young people participated in dance workshops held by the famous Bangarra Dance Theatre from Sydney and NPY Women's Council. Bangarra is a group of Aboriginal and Torres Strait Islander dancers who bring together traditional and modern dance to tell powerful stories in performance. This was part of the Bangarra Rekindling Youth Project. Young people study and gather stories with guidance from Elders in their communities, developing skills to produce performances and community events.

Many young people from Kaltukatjara, Imanpa, Pukatja, Amata, Mimili and Umuwa participated in these workshops. Everyone learned dance moves from some of Bangarra's big touring shows and were taught how to make up their own dances using words, stories or animals. Some *kungkawara* made up a *kapi* dance while at a waterhole in Kaltukatjara. This dance was then taught to other *kungkawara* and *tjitji* when back in community.

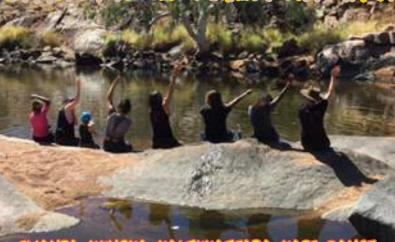


The Bangarra facilitators were very excited to teach young people different dances. Senior people in Kaltukatjara and Pukatja were very happy that they were doing this and took them out bush to show them *ngura* and bush foods.

Mrs Ward from Pukatja worked with Bangarra for a long time, teaching and learning with the Bangarra dancers to make sure young people on the NPY lands had the chance to grow up healthy and strong through dance and story. When Bangarra travelled out to Umuwa in the 1990s, Mrs Ward's niece Anne Thompson was there too, as a young *kungka*, watching and learning.

This time, Anne encouraged the next generation of young people to learn, explore, dance and be proud to tell their important stories.





IMANPA KUNGKA KALTUKATJARA KAPI DANCE



THE FELLAS DANCING UP A STORM IN UMUMA

DANCE LESSONS AT UMUW

TARTARSHA BRADY IN KALTUKATJARA



PTEPALYATJARA COMMUNITY GARDEN AND SPEAR MAKING

Lots of great new projects have been happening for young people in Pipalyatjara in 2016.

The Pipalyatjara Community Garden was officially opened on the 8th of November 2016, by Kyam Maher, South Australian Minister for Aboriginal Affairs and Reconciliation. The Community Garden is a partnership between community members, Skill Hire and the NPY Women's Council Youth Program. Young people have been busy building the garden and painting colourful designs on all the herb boxes. They have been learning about different plants and new gardening skills. The garden is now providing fresh vegetables, fruits, herbs and bush tucker for the community. The produce will also be used in healthy eating and cooking classes run in through the Youth Program. Most people from the community are spending time visiting and working in the garden - what a great project for all to enjoy!

The Youth Program in Pipalyatjara has also been working together with APY Land Management to assist senior men develop a spear making program throughout 2016. Spear making, or kulata is a really important skill that the senior men of Pipalyatjara have been eager to share with the young fellas. Over a few weeks, the young men were taught how to identify the right trees to make the kulata and how to straighten and harden the wood using waru. They also learnt about different materials and kulata punu for different purposes. Thanks to all the senior men, including Jacob McKenzie, Stanley Young and Sean Williamson, who shared their tjukurpa with the young men on how spears were made - this was a really special project for all involved!



Government of South Australia Department for Communities and Social Inclusion





Kel Mocilnik, Billy Lehmann, Samuel Edwards and Reshaune Doolan

amuel Edwards and Kel Mocili

Samuel Edwards and Leforia Grank

MIMILI BIKE PROGRAM

In 2016, Mimili Youth Program set up a 'bike hospital' for young people to bring their broken bikes in and learn how to fix them up. Every week, young people and their parents have been visiting the 'bike hospital', learning skills in fixing tyres, chains, brakes and lots more! And when more bike parts are needed, young people and the Youth Workers head to the rubbish tip, collect and reuse old parts and learn about recycling. Left over parts like bike frames, seats, wheels and other scrap metal then become the material for new bikes that young people (and lots of parents) make together.

With all the fixed up and new-built bikes in Mimili, the BMX Track is now even more popular than ever! There have been bike racing events, time trials and a community BBQ with Bikes Palya.

Young people are getting faster on the track and are making their own jumps. When school finishes and all through the holidays, everyone spends hours practising tricks, jumps, slides, drifting and skids!

Mimili 'bike hospital' and the BMX track are such a popular part of the Mimili Youth Program, and helps keep young people happy, healthy and having fun!



STEINER SCHOOL VISIT IMANPA

Imanpa welcomed Little Yarra Steiner School from Melbourne for the eighth year in a row in May 2017.

This year 22 students and their teachers made the long 3-day drive to spend a week doing community projects, sharing stories and hanging out. It was a fun packed week of laughter and memory making.

Taking inspiration from the community road signs in the APY Lands, Imanpa thought it was time they made their own. Together they designed and painted their own car bonnet road sign – the finished result is something that all of community is proud of and created lots of laughter when people saw tourists stopping to take photos on the road.

They went on a bush trip with senior man Toby Ginger who showed everyone how to make clap sticks and a boomerang, hunted for bush tucker and ate some *malu wipu*. They enjoyed a cook up together at the Rec Hall and an unforgettable disco on the Friday night – Imanpa really showed the city guys how to dance.

There was even time for a *kungka* night at the compound, with hairdresser Renate creating new hair styles and lots and lots of laughter! It's always sad to see them go but with lots of new memories made, everyone is looking forward to seeing a whole new group next year.







MUTITJULU RAMA

- 4

COAS

ATAMA ATAMA 🍐 🔶

MUTITJULU

••

6

IMANPA

Dreamer

SCHOOL HOLIDAY PROGRAMS 2016 & 2017! A BIG THANK YOU TO ALL OUR SCHOOL HOLIDAY PROGRAM STAFF IN 2016 AND 2017!

IMANPA









kungkarrangkalnga-ya Parrpakanu (Seven Sisfers Are Flying) Image by Vidki Bosisfo



NPY WOMEN'S COUNCIL -



We are so proud of the great work everyone is doing across the Lands – and this year we won lots of awards that prove just how *rikina* NPY Women's Council is!

ANDREA MASON

In 2016 our Chief Executive Officer - Andrea Mason won so many awards we can barely keep track! The first big prize was the Telstra Business Woman of the Year award. This shows that Andrea is a strong female leader in the business world, showing *kungka* and *minyma* everywhere that they can succeed! But the most exciting announcement of all was when Andrea was named Northern Territory Australian of the Year. This award recognises everyday Australians who inspire us all with their achievements.

TJANPI

The artists and workers at **Tjanpi Desert Weavers** work really hard to make beautiful art that keeps culture strong. Tjanpi work also means women can earn money while staying on their country. In 2016 Tjanpi won second prize in the Ethical Enterprise Award. This award is for Australian businesses that help to improve the lives of people in local communities by selling things in an 'ethical' way – that means making money in a fair and proper way that helps everyone. Tjanpi also won FIRST PRIZE in the Women's Impact Award at the Social Enterprise Awards! This shows that Tjanpi is the number one business for helping women in the whole of Australia. Congratulations Tjanpi! If you want to know more about Tjanpi, talk to an artist in your community or drop into the Alice Springs store.

ARA IRITITIA

Ara Irititja is a project that stores photos, videos and stories about A<u>n</u>angu and Yarnangu families from across the NPY lands. It holds these memories in a computer to make sure they live forever. In 2016 Ara Irititja was a finalist in the Indigenous Governance Awards. This award is for organisations that are run in a really proper way by Indigenous people – NPY Women's Council won it in 2012! This year 138 organisations applied for the award, and they only picked 9 finalists – congratulations Ara Irititja! If you want to look up stories about your own family, you can visit Ara Irititja at the NPY Women's Council office.

AWARDS FOR THE YOUTH TEAM!

2016, NT SPORTS VOLUNTEER OF THE YEAR AWARD -PRESCILLA DEROSE

Prescilla Derose entered NT sporting history, winning the NT Sports Volunteer of the Year award, 2016! This award celebrates outstanding volunteer time, effort and contribution to sports in the NT. Prescilla's hard work, leadership and support during the Southern NT Softball Competition in 2015, is what won her this award. Prescilla led the Kaltukatjara team through the competition with skill and professionalism, while providing support to the organisers to make the competition a success. Prescilla's hard work paid off as she was then selected to compete with the NPY All Stars team in the NT State Competition in Darwin where the All Stars won the NT Championships! Congratulations Prescilla!

NPY WOMEN'S GOUNGIL LEADERSHIP AWARD WINNERS

In 2016, the Youth Program had 3 of our fabulous staff recognised in the NPY Women's Council Leadership Awards for their extra-ordinary achievements over the past year – well done everyone!

Jezabel Stewart - Aputula Youth Development Officer Kunmanara Bath - Aputula Youth Development Officer Martin Toraille - Kulintja Palyaringkunytjaku Project Officer

The NPY Women's Council Leadership Award celebrates the following qualities in our workers:

- Kunpu nyinama strength to take responsibility as a leader
- Pulkara mukulya palyaringkunytjaku commitment to work for change to benefit all Anangu
- Wiyantja wiya- never giving up
- Rapa ngarama hope for the future
- Tjungungku wangkara Ability to work together, to SPEAK UP STRONGLY WITH ONE VOICE, united in a vision for the future
- *Pulka<u>r</u>a mukulya* a kind and loving heart and spirit in thought and action
- Titutjara ngaranytjaku miralmiralpa courage to be defiant and stand up for what you believe in for the common good of NPY communities.



Northern Territory Sports Avaluation

Prescula Derose

Softball

Priscilla Derose Softball Trophy



Kunmanara Bafh



Martin Teraille

Jezabel Stewart





JENNIGA WAYE



ERIC WEST

JENNICA WAYE - KALTJITI YOUTH WORKER

What do you like to do?

I like to prepare activities for the young ones. And work with the young fellas and young *kungka*.

How long have you worked with NPY Women's Council?

I have worked with NPY since 2016 but I started as a youth worker in 2013.

What do you like about your job?

My favourite activities to organise at the Youth Centre are cooking, movie nights and disco.

Why is it important to work with young people?

It's important to engage with them and do good things with them to keep them out of trouble.

Through her employment with NPY Women's Council, Jennica has attended training workshops to develop her skills at the Umuwa Trade Training Centre and with other Youth Workers from across the NPY region at Ross River in 2016.

ERIC WEST - KIWERRKURRA YOUTH WORKER

What do you like to do? Fix my car and go out bush with my family.

How long have you worked with NPY Women's Council? 6 years.

What do you like about your job? I like running discos and basketball.

Why is it important to work with young people? To stop them from stealing and sniffing. It's important to keep them busy.



Regina Makay and Marcaret Pearge

Regina McKay and Margaret Pearce — Imanpa Youth Workers

What do you like to do?

Regina: Playing sport e.g. softball, football and basketball, Friday night disco and taking young people out bush.

Margaret: Cooking e.g. making damper and roo tail and taking kids out bush to look for *tjala* and *maku*.

How long have you worked with NPY Women's Council?

Regina: I returned to youth team in August 2017, worked before with another worker Joel in 2014/15. Margaret: Since August 2017.

What do you like about your job?

Regina: Working with young people, old people and middle aged people. Keeping young people safe and on the right track.

Margaret: I love working with kids. I grew up a lot of young people, now some of them are married. I like caring for young people.

Why is it important to work with young people?

Regina: To get young people out of trouble and help them go to school.



AZARIA FOSTER

AZARIA FOSTER - IRRUNYTJU YOUTH WORKER What do you like to do?

I love encouraging young kungka when I work with them.

How long have you worked with NPY Women's Council?

I've been a worker for about two years. I grew up travelling with my grandmother who was a Director. I knew Women's Council from childhood.

What do you like about your job?

I love my job because I love to work with young *kungka* and teenagers to encourage them. I am so proud because my grandmother was an NPY worker and I'm proud of myself to be an NPY youth worker.

Why is it important to work with young people? It's important because young people are the next generation. It's like helping them to make good, happy choices.

MALPARARA WAY

NPY Women's Council has an approach known locally as the 'malparara way'. Malparara means a person who is together with a colleague or companion. In the context of service delivery this usually means two staff who are working together on a program, one of whom is an Anangu woman or man and the other who is the partner staff member.

The primary aim of the *malparara* way of working is to ensure the concerns and problems of local people are listened to and properly addressed in a culturally appropriate way. *Malparara* way recognises and values the knowledge, skills and resources of local people while assisting them in gaining access to services which are delivered in a culturally appropriate and effective way.

TJANPI YOUNG WOMEN WEAVING PROJECT

Tjanpi Desert Weaver's Young Women Weaving Project was started to engage young women and communities in tjanpi artmaking, skill exchange, and relationship-building.

The young women created their own style of tjanpi artwork - different from the artwork of their seniors, but still using tjanpi techniques, creativity and skill.

There were participating artists from Amata, Pipalyatjara, Nyapari, Mimili, and Kaltjiti.

Community relationships were established with local TAFE centres to host these workshops, allowing the use of spaces that would be comfortable and familiar for the younger generation.

The Young Women Weaving **Project supported:**

- intergenerational learning.
- engaging young women in a purposeful activity.
- generating a sense of pride and wellbeing in young women by learning a new skill, and having a beautiful product at the end.
- educating young women about social enterprises and giving them the opportunity to experience earning money through the Tjanpi Desert Weavers.
- supporting relationships between young women, their elders and the TAFE learning environment.





EXCITING PROJECT WITH WARAKURNA ARTISTS

In 2016, FORM started a partnership between artists from Warakurna, Polyglot Theatre and Tjanpi Desert Weavers to create a piece called *Manguri Wiltja*, meaning 'house of circles.' FORM is a cultural organisation that develops creativity and artistic practice in Western Australia. Polyglot Theatre is from Melbourne and makes of shows that gets young people and families involved.

In November 2016, four Tjanpi artists and two FORM members travelled to Melbourne to work with Polyglot for two weeks. There were many workshops, lots of talking about ideas, *tjanpi* making and working with different materials. The artists then presented at a local primary school and ran a workshop with young people to test out ideas.

The second development happened in July 2017 with two weeks of hard work in Warakurna. There were two FORM workers, five Polyglot performers, a photographer and a film maker working with the Tjanpi artists and the Warakurna community. There were bush trips with the artists and elders to collect grass, hunt, and visit *ngura* as well as instrument making and a huge wiltja made. These workshops were really for the school kids, but everyone in Warakurna helped out!

The third development happened in Perth in November 2017. Young people from the west coast of Australia added to the work, along with help from the Warakurna school kids who were visiting Perth at the time. *Manguri Wiltja* is a chance for the artists to try new ways of expressing themselves and to try something they hadn't done before. For example, Polyglot had not previously worked with Warakurna artists, and FORM and Tjanpi had not previously tried performance.

"We liked working with them. That Polyglot and FORM mob. And playing with kids. My favourite part was building those *wiltja* and teaching them to build with *pu<u>n</u>u* and branches...we want to keep going...us *minyma* want to travel with that *wiltja* and go to cities and teach kids." - Cynthia Burke, Tjanpi Artist. This new and exciting project will be ready to show all around the country in 2019.













Kungka making waru

KULINTJA PALYARINGKUNYTJAKU *TO GET BETTER THINKING*

Wow, 2016 and 2017 - What a couple of years for the *Kulintja Palyaringkunytjaku* Project.

We have been busy meeting people and organising *Kulintja Palyaringkunytjaku* camps and workshops in Amata, Mimili, Mantamaru, Mu<u>t</u>itju<u>l</u>u, Pipalyatjara and Pukatja, Ka<u>lt</u>ukatjara, Aputula, Kaltjiti, Ima<u>n</u>pa, Kiwirrkurra, Wanarn, Warakurna and Irrunytju.

We have been running camps with young people talking about important topics like sexual health, relationships, drugs and alcohol. During our camps and workshops there have been lots of fun activities like playing music, going swimming in waterholes, telling *tjukurpa*, healthy cooking, going hunting, watching movies and even practicing yoga.

Working together with senior members of the community, such as Mr Thomas Murray, is a really important part of all our camps and workshops – those senior leaders share stories from their lives and the old times – which help keep young people strong and connected to culture. "Good talking, *palya kulini walykumunu*," he said.

They also help our Youth Workers by showing them the right way to work in the community and the right places to go and talk with young people where they feel safe. We all want to be safe and learn how to make good choices.

We've had a lot of fun learning from our *malpa* across the NPY region! "Camp *wiru*, *mulapa*!" said Mr Stanley Douglas, another senior member of the community involved in the camps.

We want to thank everyone that made 2016 and 2017 great years for the *Kulintja Palyaringkunytjaku* Project. We want to thank all the senior women and men who helped us and spoke up with us about the issues young people face. We also want to say thanks to the services we worked with and of course, all the wonderful young people that came along and made the camps so *rikina*!

We have big plans for next year and are looking forward to 2018! Hope to see you soon!

NEW! HEALTHY RELATIONSHIPS WORKSHOP RESOURCE MUNKARITJA KULINMA / KULILTJARRA NYINAMA

The Kulintja Palyaringkunytjaku team is pleased to announce the release of a new healthy relationships workshop resource '*Munkaritja Kulima* (Pitjantjatjara) / *Kuliltjarra Nyinama* (Ngaanyatjarra)'.

This title says - 'Be careful, stop and think before you act and consider the consequences'. The pictures in this book help young people to stop and think about their experiences, ideas, feelings and questions about sex and relationships.

This book is for youth workers, teachers and supportive adults to use in starting a conversation with young people – either one-on-one, or in groups. These discussions are best led by <u>Anangu</u> / <u>Yarnangu</u> – so wherever possible we want to encourage local role models and leaders to facilitate these discussions. We believe this book will be a great resource for anyone working with young people in the NPY lands!





The book consists of 13 cartoons with prompt questions on the back of each page that will help get the conversation flowing.

THE TOPICS COVERED IN THE BOOK ARE

- I. 'Behind Closed doors'
- Risky behaviour
- 3. Confraception
- Consent and body language
- s. Pornography
- 6. Social Media
- 7. Risky behaviour and peer pressure
- 8. Jealousy
- 9. Bullying and peer pressure
- 10. Happy Families
- II. Age of consent
- 12. Consenf
- 13. Where do you go for help?

'We have made this book because we want to make sure that young people learn from an early age the right way to treat each other. Whether it's a boyfriend/girlfriend, husband/wife, a friend or any other type of relationship – it is important to be respectful, caring and safe.' Martin Toraille

'Munkaritja Kulima / Kuliltjarra Nyinama' will be available in early 2017.

If you would like to get a copy please contact the Kulintja Palyaringkunytjaku team on (08)8958 2345 or go to our website, www.npywc.org.au/shop



Denise Brady and Miriam Kennedy

Dazebel Sfewart, Vivianne West, Eric West and Kimberly Taylor

Vivianne Wesf, Jazebel Sfewart, Kerz Kerslake, <u>Kimberly</u> Taylor and David Moneymoon



Kerz Kerslake and David Moneymoon

YOUTH WORKER TRAINING

In 2016 NPY Women's Council held three training sessions in Umuwa, Ka<u>lt</u>ukatjara and Ross River for all the *rikina* A<u>n</u>angu and *Yarnangu* Youth Workers from across 11 communities in the NPY Lands.

The first session was held at the Trade Training Centre in Umuwa, with TAFE SA and the NPY Women's Council Youth Team, Finance Team and Nutrition Team all running sessions.

It was a busy 3 days, with workshops on leadership, youth work, facilitation skills, working '*malparara* way', finance, a tour of the Trade Training Centre to see what job pathways and training young people could access and even how to run a nutrition session!

"I enjoyed cooking and being with the team of other staff. I enjoyed coming here to learn more things about how to do our work," said Winita Campbell from Kaltjiti.

Every night after work was over, there was lots of talk about what happened in the day and everyone felt really good to be there. "What I liked the most was learning about values and leadership. I'm going to remember to keep trying," said Yaritji Miller from Pipalyatjara.

A special thank you to Pauline Coombes from Imanpa for being a *malpa wiru*, supporting all the staff, interpreting and running a session on working *'malparara* way.'

"I love encouraging young people to learn more and to support them to get more confidence... giving people the opportunity to open up in themselves and not be shy." Jennica Waye from Kaltjiti said "I enjoyed learning the 'malparara way', but mostly I liked everything."

This is an ongoing professional development program for NPY Women's Council <u>Anangu</u> and <u>Yarnangu</u> Youth Workers, supporting the empowerment and leadership of our staff.

INDIVIDUAL ANANCO YOUTH WORKER TRAINING IN TOWN

In 2017 there was also individual <u>Anangu</u> and <u>Yarnangu</u> Youth Worker training in Alice Springs. This was so these Youth Workers could develop an understanding of what happens in the office, being part of a bigger team, to get to know and work with the other workers in the office and to improve the skills that they require to assist them in their work.

Evelyn Brady, Azaria Foster, Jessica Stubbs and Lloyd Wilyuka are some of the workers who have had individual Youth Worker training in town. Well done!

OPAL FUEL CELEERATING 10 YEARS

In October 2016, we celebrated 10 years of Opal fuel! Opal fuel was introduced in the NPY region following a strong campaign from community leaders struggling to ensure a future free from petrol sniffing for their families.

"The liquid petrol was just pouring onto our lands and it was pushing people, particularly young people ... and so we needed help with that, and that help came in the form of a different kind of liquid, which was Opal fuel," said *Kunmanara* Inyika – one of the campaign leaders.

Central Australian Youth Link Up Service (CAYLUS), Warlpiri Youth Development Aboriginal Corporation (WYDAC) and NPY Women's Council are proud to have worked together alongside such strong community leaders on this campaign. With the support of fuel companies, government and many retailers in the region we are happy to have won this fight. 10 years on – sniffing petrol is not such a big problem, and we have reason to celebrate this good story.

"That was a really triumphant moment and we knew that it would bring good things, and it has. Everyone has been so happy since then because of the instant reduction in petrol sniffing," said *Kunmanara* Inyika.

There was a celebration at the Double Tree, which was attended by many people who were involved in the campaign.

Speeches were made by some of the important community leaders and Directors of NPY Women's Council such as *Ku<u>n</u>manara* Inyika and Margaret Smith.

We would like to acknowledge the special contribution of *Kunmanara* Inyika to the Opal campaign and her long contribution to the work of NPY Women's Council.

Also known as 'Mrs Never Give Up', this magazine was created in her name and is dedicated to her memory.



A cake to celebrate 10 years of opal in central Australia





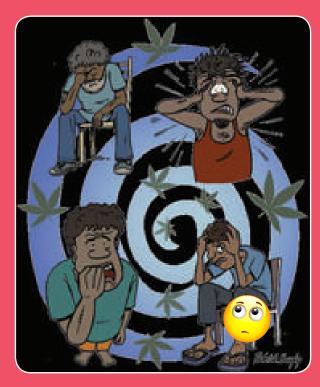
Yanyi Bandicha talkingaboof opal in 2006



GANJA QUIZ

Take this quiz and find out if your ganja use could be a worry for you

- Is it causing you to have arguments or fights with family and friends?
- Is it making you move and think slowly?
- Is it causing you to have trouble remembering things?
- Are you spending more and more of your money buying ganja and less buying food?
- Is it causing you to finish all the food in the house and you are always feeling hungry?
- Is it causing you to sleep through classes, or miss school or work?
- Is it causing you to feel tired and low on energy?
- Do you say no to meeting up with family/ friends so you can get high instead?
- Do you need to use more ganja to get a high?
- Are you always thinking about your next high and ways of scoring some ganja?



If you answer *uwa* to any of these questions, then it might be time to cut down on your ganja use and seek help. If you want to know more, you can talk to the Youth Worker or Clinic in your community.

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Or you can call up these help numbers:

Central Australian Youth Link Up Service (CAYLUS)...8951 4236

Drug and Alcohol Service Association (DASA)...8952 8412

Drug and Alcohol Services South Australia (DASSA)....8955 8354

Aboriginal Alcohol Program Unit (CAAAPU)...8955 4600

Bush Mob...8953 3798

AMATA FELLA'S WALK

The Amata Fella's walk covered 30 kilometres over three days through the Musgrave Ranges west of Amata. The route was from Wintawatu, Apara, Tupul and then into Amata Community. It involved 17 young fellas (aged 13-17), 8 <u>Anangu</u> Mentors (aged 22-60) and 7 workers. 4 community elders camped with them each evening, and led a number of important activities.

Throughout this walk young people were taught cultural knowledge of the countryside, traditional skills - such as spear making, tracking and navigation through *tjukurpa*. The fellas who participated pushed themselves physically and mentally and were so excited to climb to the top of the Ranges. The elders and mentors really supported the fellas, teaching them about the country and cultural stories as they travelled.

The route was developed in collaboration with Traditional Owners of the country surrounding Amata and took place on sections of the Indigenous Protected Area (IPA) adjacent to Amata. Central Australian Mental Health Service (CAMHS), Department for Education and Child Development (DECD), NPY Women's Council, Skill Hire, Anangu Pitjantjatjara Yankunytjatjara (APY), Amata Clinic and Regional Anangu Services Aboriginal Corporation (RASAC) worked together with senior people to create the walk. Local *kungka* and *minyma* supported the camp with cooking, singing and encouragement.

The trek finished with everyone walking back into Amata for a big community celebration and BBQ to welcome and celebrate the achievements of the fellas!

To follow up the walk, NPY Women's Council held more camps for the *kungka* and fellas, with lots of good talk on safety and respect – reinforcing some of the messages learnt on the walk.

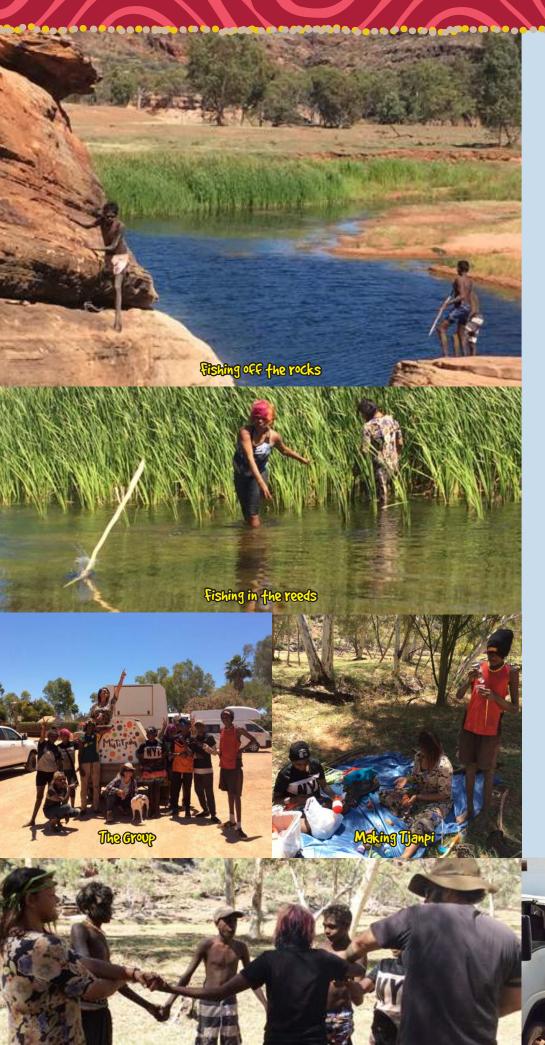


Government of South Australia Department for Communities and Social Inclusion vilding feam work





Shang Carmody, Victor Tunkin, Jacob Pan and Isaac Wanpit



Muffiful Team Building

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LEADERSHIP CAMP IN MUTITJULU

The Kulintja Palyaringkunytjaku (KP) team along with the Mutitjulu Youth Team held a two-night teambuilding and leadership camp in Tempe Downs in October, 2017. The camp was supported by Yulara Nyangatjatjara College. Nine young people (wati and kungka) went fishing, made tjanpi and punu, and painted the Mutitjulu trailer. They joined in team-building and leadership activities that helped them get a deeper understanding of their abilities and strengths as leaders, and the benefits of working together as a team to complete common goals. It was a chance for young people who already have leadership qualities to step up and grow their confidence by guiding the group to complete tasks.

The camp was a success with the young people enjoying themselves and the Youth team receiving positive feedback from all who were there.

".... the part that I liked the most was that they were a team and helped each other to catch a fish," - Wanatjura Patterson

Painting the Mutitjulu Trailer

APUTULA YOUTH PROGRAM

2016 started off with a big win for Aputula when all the high school aged young people were enrolled in boarding school for Term 1! There is no high school in Aputula so young people have to travel to Alice Springs, Adelaide or sometimes even Perth to attend high school. It can be hard for young people to be far from home in a new place, and families miss them a lot. But having the support of NPY Women's Council Youth Workers makes it easier – they can help with paperwork, Centrelink, travel and keeping young people connected to their families back home. They also help in speaking up to boarding schools about the best ways to support students from remote communities.

The Finke Desert Race and Aputula Sports Carnival was held in June, 2016. This was a huge success, with more than 500 A<u>n</u>angu from over 10 communities gathering in Aputula to watch the race, play footy and softball, compete in Battle of the Bands and have heaps of fun at the rec hall. All the activities were organised and run by Aputula community members and everyone helped out to make it a safe and enjoyable weekend. A big congratulation to Aputula who won the softball and Titjikala who won Battle of the Bands!

And finally, at the end of 2016 we said goodbye to Aputula Youth Development Officer *Kunma<u>n</u>ara* Bath for 6 months. *Kunma<u>n</u>ara* and his wife Sharon are taking a big holiday around Australia to spend time with family. Everyone in Aputula will miss them a lot, but we look forward to seeing them again soon! In the meantime, we are very excited to announce that Jezabel Stewart has been promoted to fulltime Youth Development Officer while *Kunma<u>n</u>ara* is away!

Jezabel has been working for NPY Women's Council in Aputula for over 2 years. In 2017 Jezabel continued the popular bingo nights, taking young people on bush trips, running *kungka* workshops and camps, and supporting young people in Aputula with any help they might need. Meriel and Shalyn practicing for the show

Sahara, EVa, Don and Shanfelle practicing Forfbectres

Navio Tijami, Heberf Nelson, Lloyd Wilyuka and Samuel Doolan - Jamming

entsforter, Declan, Delleh and Bestama serving fie-dreadelegs

Jezabel Stewart

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Shanfallo Anishing the glanf snake

YOUNG WOMEN'S LAW AND CULTURE TEACHING CAMPS

For a long time, NPY Women's Council Directors and members have been talking up and asking for support to teach *kungkawara* law and culture. Women's Council is very excited to say that in 2017 they were able to support *minyma* from Kaltukatjara, Mutitjulu, Imanpa, Amata and Pukatja to teach *kungkawara* for this special reason! Lots of workshops and camps happened out bush with *minyma* and *kungkawara* tjuta attending.

Minyma have been busy teaching many things at these workshops and camps such as: *Tjukurpa, inma,* song lines, *manguri, punu, wana, tjanpi,* necklaces, bush medicine and bush foods. In Imanpa, *minyma, kungka* and *kungkawara* watched some very old photographs, videos and stories from the Ara Irititja digital archive. This was a great night with lots of laughing and learning from old ways.

This is a great chance for kungkawara to get together and learn old ways and new ways tjungu.

In 2018, a group of senior *minyma* from each community will lead this project for the next 2 years. If you live in these communities and would like to be part of the young women's law and culture teaching camps and workshops, please talk with the senior women or NPY workers.



Policeman aka Rock Goanna!









IRRUNYTJU SOFTBALL! "DON'T MESS WITH THE KUNGKAS!"

In 2016, the Ngaanyatjarra lands established the very first 'Ngaanyatjarra Lands Sports Association' which ran a senior softball and football competition. The softball and the football players and teams had an incredible 10 weeks of fierce competition across Irrunytju, Papulankutja, Mantamaru, Warakurna, Wanarn and Warburton communities.

The support from everyone across the Ngaanyatjarra Lands was amazing! Everyone turned out for the games each week, travelled to other communities, played in all weather conditions and supported their teams. The competition is community driven and everyone made the decisions about where the games were played, organised team transport, referees, uniforms and equipment.

The Irrunytju Kungkas softball team worked and trained hard all season, having a number of wins which put them on top of the ladder! At the grand-final, everyone painted their cars with designs and names of players, the shop ran out of purple and white paint and everyone had Warriors and Kungkas designs on their faces and vehicles. The community celebrated in style and really supported the teams.

Irrunytju Kungkas were the runners up in the softball grand final and were so proud of everything they had achieved over the previous 10 weeks.

There now is a sign displayed proudly outside of Irrunytju: "Home of the Kungkas and Warriors!"

A big congratulations to Amanda Nelson who has completed the Australian Institute of Sport Community Coaching General Principles training. Amanda completed the course with a perfect score of 100%. Amanda now has her own coaching plan for the Irrunytju Kungkas and will be fit and ready for the season to come!

Well done Amanda, for all your achievements of the past season including Best and Fairest player for 2016, Softball Leading Run Scorer 2016, Grand Final Runnerup medal and selected for the Desert Storm team that represented the Ngaanyatjarra Lands at Papulankutja in October 2016.





The new Irruny fju sign

THE UTI KULINTJAKU COLOURING BOOK

The Uti Kulintjaku project is an NPY Women's Council one that brings together ngangkari and western health professionals to explore mental health concepts 'malparara way' - from both Anangu and piranpa perspectives.

This year the *Uti Kulintjaku* members travelled to Alice Springs from remote communities in South Australia, Western Australia and Northern Territory to participate in health workshops. During these workshops, the artists created artworks that have been compiled in a beautiful colouring book.

This book will help people move towards tranquillity and clear thinking. Maringka Burton says: "Your thoughts will improve when colouring in this book. We drew all these beautiful designs and are sharing them with you to help you reach a harmonious state of mind. Colouring and focusing on our designs will help you achieve a state of balance".

Tinpulya Mervyn says: "Inside this book are beautiful designs for you to colour in using your favourite colours. We know you will enjoy this book. Colouring in it will make you happy".

Kulila! The Ngangka<u>r</u>i team now has a Facebook page. Please like us and ask your friends to like us! facebook.com/npywcngangkari/

Rene Rulffa Greafing a colouring picfure





colouring in the beauficul design









WHATEVES



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Around the Lands!!